

Approach to Rheumatic Patient

4 questions: Distribution, Acute v. Chronic, **Systemic** Joint inflammation?

	Acute	Chronic
Polyarticular Symmetric	Viral (Hep B, EBV, Parvovirus B19 in adults)	RA SLE Sjögrens with RA or SLE Poly-/dermato-myositis Scleroderma
Monoarticular	Septic arthritis	OA Gout and Pseudogout
Migratory	Lyme GC	Rheumatic fever
Oligoarticular Asymmetric		Spondyloarthropathies (PAIR) Psoriatic arthritis , Ankylosing spondylitis, IBD , Reactive Arthritis OA Polymyalgia rheumatica (pelvic girdle and shoulder) Fibromyalgia